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ARRANGEMENTS FOR YEAR 9 BRONZE TRAINING DAY 2018

DATE - Friday 27th April 2018

MEET - Ridgeway Academy 8:00am

RETURN - WA Approximately 6.00 p.m.

VENUE - Snailbeach Village Hall and Surrounding Area

AIM - Initial training in cooking & equipment packing.
- An accompanied walk to practise navigation techniques.

KIT - Small rucksack.
- Lunch and drink and snack.
- Waterproofs.
- As previously stated, boots (with ankle support) are necessary at this stage.
- Change of shoes for indoor use.
- Compass.
- A quick-cook pasta/noodle based snack to practise cooking on a Trangia stove.
- Cooking/eating utensil e.g. spork and bowl plastic bowl.



Action Fun Risk Planning Friendships Problem solving Learning for life Thinking under pressure Making real decisions Facing consequences Overcoming Confidence

Frightening New places Wild Quiet Imagination Relevance Frustration Confidence Fragile Safe Bad Caring Empathy Sharing Strive Shy