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Ridgeway Academy
Silver Practise Expedition 2019
Thursday 27th June to Saturday 29th June

Issue of equipment

Issue - TBC
 Return - TBC

Travel Arrangements

Ridgeway Academy or EDGE-ucation are not responsible for your travel to the start; the trains are a suggestion. Alternative arrangements for travel can be made if preferred. Check your group's route to confirm travel arrangements and times below.

From B-ham	Arrive	Finish Station	Times from Finish station.
06.25	Dyffryn Ardudwy 10.08approx	Dyffryn Ardudwy	Approx 12.41

Check online for latest prices and exact times - www.nationalrail.co.uk

Equipment

Kit list as on checklist for back-packing. Tents and Trangia expedition stoves will be provided by EDGE-ucation. Further kit such as rucksacks, sleeping mats, waterproofs, boots and compasses, can be hired by prior arrangement. Expedition meals for Thursday dinner, Friday breakfast, lunch & dinner, Saturday breakfast & lunch.

Money:

Allow at least £20.00 per student for campsite fees and extra for pocket money and for snacks on day 1.

The Plan

This expedition is to complete planning for the Final Expedition, complete a final training day with an experienced instructor and finally complete the final day unaccompanied with remote supervision.

When you arrive by train you will be met by staff after which you will walk to a local internet café and village hall where we will cover the final elements of planning and training and issue kit. At the end of the day, you will walk in your expedition groups to a local campsite on the coast. The second day will be an accompanied instructor-led training day in the mountains before a second unaccompanied camp back down by the coast. The final day you will be remotely supervised and on your own to navigate back to the train station for a de-brief before returning home or meeting up with any other pre-arranged transportation.

Emergency Numbers - 07885801479 or 07815947114