

FAMILY LEARNING COURSES FOR PARENTS AND CARERS:

**CREATE A CALMER HAPPIER FAMILY
ACHIEVING MORE AS A PARENT
SUPPORTING CHILDREN WITH DYSLEXIA
SUPPORTING CHILDREN WITH AUTISM
SUPPORTING CHILDREN WITH ADHD
NUTRITION FOR POSITIVE MENTAL HEALTH
PARENTING CHILDREN WITH STRESS AND ANXIETY
CONFIDENT CHILDREN
SELF CARE FOR PARENTS/CARERS
HELP TEENAGERS UNDER PRESSURE
DEVELOP CONFIDENT THINKING AS A PARENT/CARER
MISTAKES ARE THE SECRET TO SUCCESS
SEND - DEVELOPING RESILIENCE IN YOUR CHILD
FUN FAMILY WORKSHOPS
MAKING BIG LIFE CHOICES AS A PARENT
EDUCATIONS FAMILY VALUE FOR YOUR CHILD
ESOL FOR CARERS (ENGLISH SECOND LANGUAGE)
CREATIVE FAMILY FUN
FAMILY SHAPE
JUNGLE GYM**

**ALL COURSES FREE IF YOU ARE UNEMPLOYED OR
EARN LESS THAN £15,700 PER YEAR
(OR £5 PER SESSION)**

**PLACES ARE LIMITED
TO BOOK ON A COURSE PLEASE SEARCH FOR THE
TITLE ABOVE AT
WWW.WORCESTERSHIRE.GOV.UK/COURSES**

FURTHER INFORMATION 01905 846848